

Summary: Daniel and his friends refuse to drink the king's wine and eat the king's food (unhealthy food, offered to idols). They become the best.

Read Before: Daniel 1; Prophets and Kings 479-490; Bible Story Vol6 p 9-14.

Aim: God wants us to have the best health and what we can do about it.

1. *What do I already know?* ☒ Listen / Talk ☐ See ☐ Do

When you are sick, do you feel like going to school or doing school work?

If you had a test at school when you were feeling sick, would you do very well?

2. *Tell story / give facts.* ☐ Listen / Talk ☒ See ☐ Do

My Bible Friends DVD

3. *Review / how does it apply today?* ☐ Listen / Talk ☐ See ☒ Do

Magnet Book: Table & food.

Younger children glue food on a food chart.

Older children read food labels, or look at the ingredients or effects of cigarettes and/or alcohol.

4. *What can this become / what can we do?*

☐ Listen / Talk ☐ See ☒ Do

Take home a food chart to stick on the fridge and fill out during the week.

To Do List

Print:

- ☐ A MV colouring page for each child
- ☐ A program list for each teacher
- ☐ The food platters "craft.pdf" onto cardboard

Prepare:

- ☐ Magnets to stick on the back
- ☐ Paddle pop sticks, cut in half
- ☐ Rectangles of cardboard for table tops
- ☐ Optional: Material for a table cloth

For Activity 2:

- ☐ Activity2 printed onto paper and cut in half
- ☐ Activity2 Food printed onto card and cut into squares